

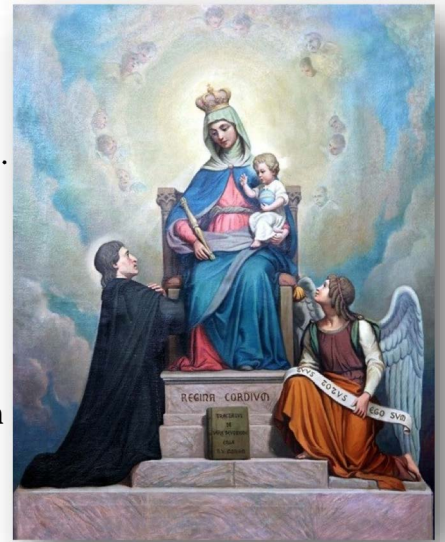


February 20 - March 25, 2023

33 Day Total Consecration to Jesus through Mary

STEP-BY-STEP GUIDE

- 1 WATCH FATHER EUGENE'S VIDEO.** Go to STM's Youtube page. <https://www.youtube.com/@STMIrvine>
- 2 READ OTHER SIDE OF THIS PAGE.** On the opposite page you will read about what this "Total Consecration" is, its historical backdrop, and spiritual significance.
BUY THE BOOK. There are several different versions of the book for Total Consecration. For continuity within the whole community we ask that you use the book from Catholic Way Publishing entitled *True Devotion to Mary with Preparation for Total Consecration*. The book will be sold for \$6 outside in the courtyard on Sundays, February 5, 12, and 19. Or you can come anytime during office hours to purchase inside the office. You can also purchase this online.
- 3 ATTEND THE OPENING MASS & COMMUNAL COMMENCEMENT.** The Total Consecration process starts 33 days before our day of consecration which will be on the Feast of the Annunciation, March 25. So, **we will all be gathering on Monday, February 20, at 7:00 pm.** We will begin with Mass, hear a talk from Fr. Eugene, and do prescribed prayers and readings for day one.
- 4 DO PRESCRIBED READING AND PRAYERS EACH DAY.** This is the heart of the preparation process! Try your best. Do it out of love. 33 days of prayer and preparation. Try also to pray the rosary everyday. Starts on page 127 and 128.
- 5 JOIN THE 3 ZOOM COMMUNAL GATHERINGS.** On **March 6, 13, and 20 at 7:00 pm** we will all gather on Zoom. Go to our parish website at www.stmirvine.org and select the box for Total Consecration.
- 6 WRITE OUT YOUR CONSECRATION PRAYER.** This prayer can be found on page 170 and 171 of the book. Do not sign the prayer! We will all sign it together at our Mass of Consecration.
- 7 ATTEND THE MASS OF CONSECRATION.** We will gather on **Saturday, March 25 at 6:00 pm** at STM. This will be a beautiful day. We will all say the consecration prayer together, and everyone will receive a blessing and a scapular to symbolize your commitment.



Total Consecration to Jesus through Mary Explained

What is Total Consecration to Jesus through Mary?

Total Consecration to Jesus is an absolutely beautiful exercise to increase your spirituality and ability to truly serve our Lord Jesus Christ. The premise set forth by St. Louis Marie de Montfort is simply that Jesus came into the world through Mary and that for us to be closer to Jesus, we should go through Mary.

Initially, this idea may seem strange to some. Why consecration? And why consecration through Mary? What does that even mean? Consecration means to set aside for a sacred purpose. Mary's life was set aside for the sole purpose of serving our Lord. By following her example, we, too, can completely give ourselves to Christ in a fundamental way that consecrates us to Him. We give our lives to Him in service and love.

Consecration to Jesus through Mary according to the method of St. Louis Marie de Montfort is a method used by St. Pope John Paul II. His papal motto of "Totus Tuus" (totally yours) is directly derived from St. Montfort's Latin prayer for total consecration.

Why do this?

We consecrate ourselves in order to be more devoted to the Lord and His Blessed Mother. It helps us grow in holiness and increases our faith, hope, and love. It is a prayerful and focused method of drawing closer to Jesus.

Where do I get a book?

You can purchase copies at most Catholic book stores and from Amazon.com. (See on opposite page, step #3.)

Who is this for?

Consecration to Jesus is for anyone, Catholic or not, who is old enough to understand the love of Jesus and Mary.

**"True devotion to Mary leads us
closer to Jesus"**

- St. Louis Marie de Montfort



When does it begin and end?

In our parish, we have selected the Lenten period to emphasize the solemn nature of this endeavor.

We start on February 20, 2023 and end with consecration on March 25, 2023, the Feast Day of the Annunciation.

How does it work?

The method of consecration set forth by St. Louis Marie de Montfort, as well as in the 34-part MP3 podcast series are freely available for download from the website below. Consecration consists of a 33-day period of prayerful preparation followed by the actual act of consecration itself (also described on this site).

Website: totalconsecration.newevangelizers.com

- **33 day preparation:** The 33-day preparation includes a preliminary period of twelve days during which we endeavor "to free our-selves from the spirit of the world." This initial 12-day period is followed by a second period of three weeks. The first of these three weeks is devoted to the knowledge of ourselves, the second to that of the Blessed Virgin and the third to that of Jesus Christ.
- **Consecration:** The object of this consecration is to cast off the spirit of the world, which is contrary to that of Jesus Christ, in order to acquire fully the spirit of Jesus Christ through the Blessed Virgin. Hence the practices suggested by St. Louis De Montfort: renouncement of the world and knowledge of self, of the Blessed Virgin and of Jesus Christ.

What if I miss a day?

If you miss a day, you may just catch up by combining with next day's prayers. The most important part is to set aside a quiet period to pray and contemplate. The cycle of preparation of daily prayers and meditations takes approximately 15 minutes per day.