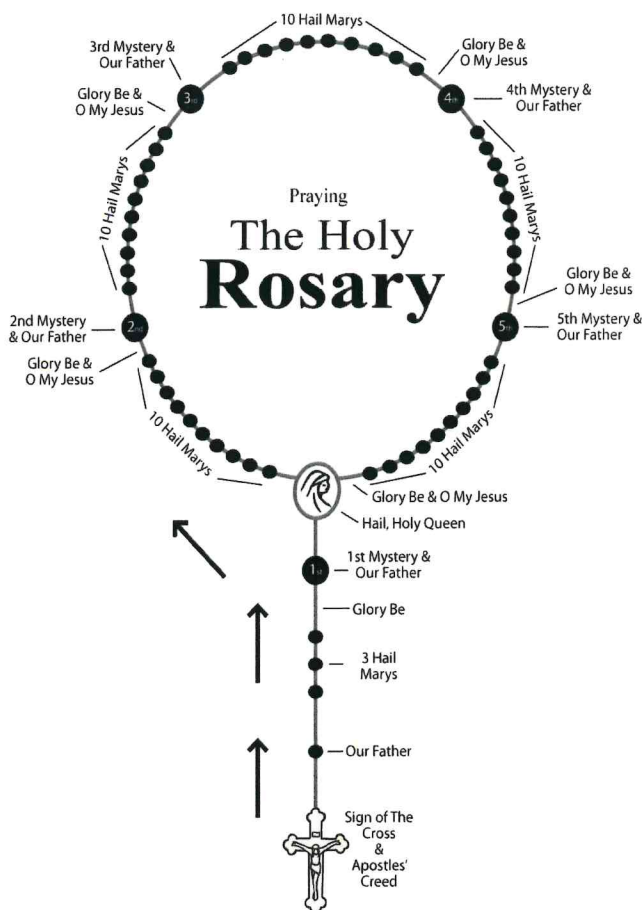


How to Pray the Rosary



Scan the QR code to visit STM's Virtual Rosary

THE JOYFUL MYSTERIES (Monday and Saturday)

1. The Annunciation of Our Lord
2. The Visitation
3. The Nativity of Jesus
4. The Presentation in the Temple
5. The Finding in the Temple

THE LUMINOUS MYSTERIES (Thursday)

1. The Baptism in the Jordan
2. The Wedding at Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration
5. The Institution of the Eucharist

THE SORROWFUL MYSTERIES (Tuesday and Friday)

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death

THE GLORIOUS MYSTERIES (Wednesday and Sunday)

1. The Resurrection of Our Lord
2. The Ascension into Heaven
3. The Descent of the Holy Spirit
4. The Assumption of Mary
5. The Coronation of Mary



Saint Thomas More
IRVINE, CALIFORNIA





NINE STEPS TO PRAY THE ROSARY

Step 1:
Make the Sign of the Cross and say
THE APOSTLES' CREED.

Step 2:
Say **THE OUR FATHER.**

Step 3:
Say **THE HAIL MARY** three times.

Step 4:
Say **THE GLORY BE.**

Step 5:
Announce the First Mystery; then say
THE OUR FATHER.

Step 6:
Say **THE HAIL MARY** ten times,
while meditating on the Mystery.

Step 7:
Say **THE GLORY BE.**

Step 8:
Say **O MY JESUS.**

Step 9:
Announce the Second Mystery; then
say **THE OUR FATHER.**

Repeat steps 6, 7, and 8. Continue
with Third, Fourth and Fifth Mysteries
in the same manner.

PRAYERS OF THE ROSARY

SIGN OF THE CROSS

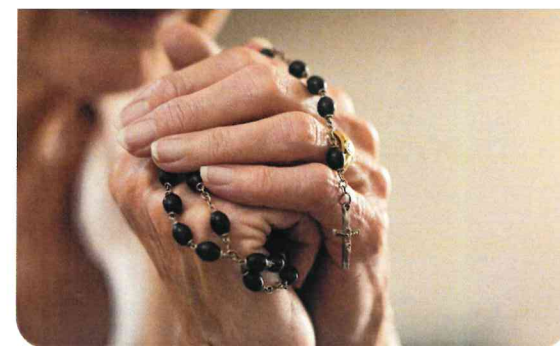
In the name of the Father, and of the Son, and of the
Holy Spirit. Amen.

THE APOSTLES' CREED

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and life everlasting.
Amen.

THE OUR FATHER

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil.
Amen



THE HAIL MARY

Hail Mary, full of grace, the Lord is with you;
blessed are you among women,
and blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners
now and at the hour of our death.
Amen.

THE GLORY BE (The Doxology)

Glory be to the Father, the Son, and the Holy Spirit;
as it was in the beginning, is now, and ever shall be,
world without end.
Amen.

O MY JESUS (Fatima Prayer)

Oh my Jesus, forgive us our sins, save us from the
fires of Hell; lead all souls to Heaven, especially those
in most need of Thy mercy.
Amen.

THE HAIL HOLY QUEEN (The Salve Regina)

Hail, holy Queen, mother of mercy,
our life, our sweetness, and our hope.
To you we cry, poor banished children of Eve;
to you we send up our sighs,
mourning and weeping in this valley of tears.
Turn, then, most gracious advocate,
your eyes of mercy toward us;
and after this, our exile,
show unto us the blessed fruit of your womb, Jesus.
O clement, O loving, O sweet Virgin Mary.

CLOSING PRAYER

O God whose only-begotten Son by His life, death and
resurrection, has purchased for us the rewards of eternal life;
grant, we beseech Thee, that by meditating upon these
mysteries of the Most Holy Rosary of the Blessed Virgin Mary,
that we may imitate what they contain and obtain what they
promise, through the same Christ our Lord. Amen.