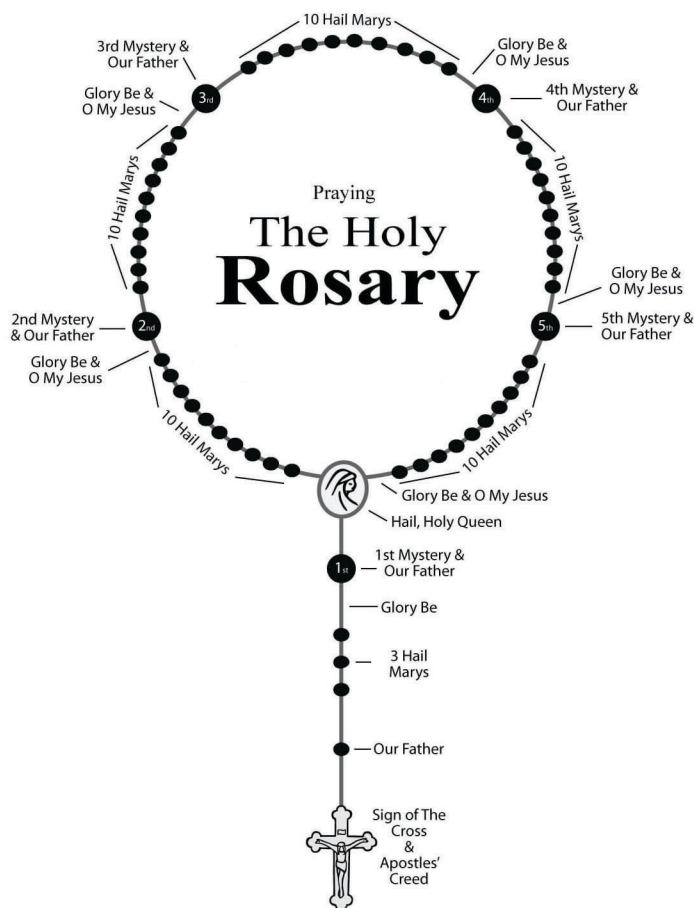


How to Pray the Rosary



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THE JOYFUL MYSTERIES (Monday and Saturday)

1. The Annunciation of Our Lord
2. The Visitation
3. The Nativity of Jesus
4. The Presentation in the Temple
5. The Finding in the Temple

THE LUMINOUS MYSTERIES (Thursday)

1. The Baptism in the Jordan
2. The Wedding at Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration
5. The Institution of the Eucharist

THE SORROWFUL MYSTERIES (Tuesday and Friday)

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death

THE GLORIOUS MYSTERIES (Wednesday and Sunday)

1. The Resurrection of Our Lord
2. The Ascension into Heaven
3. The Descent of the Holy Spirit
4. The Assumption of Mary
5. The Coronation of Mary



Saint Thomas More





BLESS YOURSELF

Holding the Crucifix of your Rosary, bless yourself: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

THE CREED

Then recite The Creed as follows: I believe in God, the Father almighty, Creator of Heaven and Earth. And in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell. The third day he rose again from the dead. He ascended into Heaven and sits at the right hand of God, the Father almighty. He shall come again to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

THE OUR FATHER

Our Father, Who art in Heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

HAIL MARY

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now, and ever shall be, world without end. Amen.

FATIMA PRAYER (O My Jesus)

Oh my Jesus, forgive us our sins, save us from the fires of Hell; lead all souls to Heaven, especially those in most need of Thy mercy. Amen.

PRAY 5 DECADES

A Rosary is comprised of 5 decades (sets of ten) prayers, each preceded by an Our Father and concluded by The Glory Be and Fatima Prayer.

- ◆ To pray the first decade, start on the large center bead after the opening prayers and pray The Our Father.
- ◆ Then, moving to each of the next ten smaller beads, pray a Hail Mary on each bead.
- ◆ After praying ten Hail Mary prayers, pray The Glory Be followed by The Fatima Prayer.
- ◆ Repeat this pattern of one Our Father, ten Hail Marys, one Glory Be, and one Fatima Prayer until you've gone around all five decades of a full Rosary.



CONCLUDING PRAYERS

After praying all five decades, recite the following concluding prayers:

THE SALVE REGINA (HAIL, HOLY QUEEN)

Hail, Holy Queen, mother of mercy; our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us. And after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen.

THE MEMORARE

Remember oh most Blessed Virgin Mary that never was it known, that anyone who fled to your protection, implored your help, or sought your intercession, was left unaided. Inspired by this confidence, we fly unto thee, oh virgin of virgins, our Mother. To you do we come, before you we stand, sinful and sorrowful. Oh mother of the Word Incarnate, despise not our petitions, but in your mercy, hear and answer them. Amen.

CLOSING PRAYER

O God whose only-begotten Son by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that by meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, that we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

SIGN OF THE CROSS

End by blessing yourself once again as you did at the beginning of the Rosary.