

Litany for Humility

From the desire of being esteemed,
Deliver me, O Jesus.

From the desire of being loved,
Deliver me, O Jesus.

From the desire of being honored,
Deliver me, O Jesus.

From the desire of being praised,
Deliver me, O Jesus.

From the desire of being preferred to others,
Deliver me, O Jesus.

From the fear of being humiliated,
Deliver me, O Jesus.

From the fear of being despised,
Deliver me, O Jesus.

From the fear of suffering rebukes,
Deliver me, O Jesus.

From the fear of being suspected,
Deliver me, O Jesus

That others may be loved more than I,
Jesus, grant me the grace to desire it.

That others may be chosen and I set aside,
Jesus, grant me the grace to desire it.

That others may be praised and I go unnoticed,
Jesus, grant me the grace to desire it.