

## SUNDAY OF THE WORD OF GOD

There is a precious concept in our readings today. Isaiah and Matthew both tell us of a Bright Light that overcomes the darkness. There was a great darkness in the time of Isaiah. **"The people who walked in the darkness have seen a great light".**

In Jesus time the people who sat in darkness had seen a great light.

Today with our apathy, addictions and lack of spiritual maturity, we too might be sitting in darkness awaiting that great light. Many people turn away from God in order to overcome the darkness but many more turn to Jesus and work at drawing closer to Him to bright His great light to our lives.

Our Church offers many to seek the Lord.

The most obvious way is to receive our Lord in the Holy Eucharist. This requires us to prepare ourselves and making sure that we are in the state of grace.

The **Eucharist** is offered every day at St Thomas More at 8 am and at other local parishes at different time throughout the day.

**Reconciliation** is where we go to receive God's healing and to enjoy a spiritually healthy life.

**The Bible**, the Word of God, is a special and true gift from our Church. It brings new life and understanding for our souls. And the best part is that it is available 24-7 at any hour of the day and night.

**The Dark Night of the Soul** is a treatise by John of the Cross, taking his position on the firm basis of the psychology and theology of St Thomas Aquinas as well as guiding himself by the light of the Holy Scripture. Mother Teresa shared with us about her long nights of feeling abandoned.

This what I have done to get through the dark nights of abandonment. I turn to the Holy Bible to find a consoling passage that will get me through the night. The Good Lord will provide.

Let us to commit to giving the Bible a prominent place in our homes as a reminder that God has given us His Word in order to bring light to our darkness. Also to find time to share scripture as a family and pass down the tradition of sharing God's word.